

WONDERLAND HAIR & BEAUTY BY ALICE



Preparing for your Wedding Hair & Makeup Trial

Arranging your hair and makeup trial is often one of the last things on your list when planning your special day. When it comes to your hair and makeup trial, I understand you may be feeling nervous, excited or a combination of the two. Whatever you are feeling, rest assured you have absolutely nothing to worry about. I have created this guide to help you feel as prepared as possible and to ensure you get the most out of your experience.

BEFORE YOUR TRIAL

Choose your dress - Ensuring your hair and makeup work well with your dress is so important. Consider the overall style of the dress and things like its shape, materials, and neckline as these all have an impact on the hair and makeup. If you are planning to wear a veil, crown, or other hairpiece on your wedding day or maybe you have statement jewellery in mind, where possible, bring these items to your trial.

Hair & Makeup ideas - Pinterest is a great inspirational tool for creating mood boards but at the same time, it can also be full of unrealistic and heavily edited images. The images on sites like Pinterest and Instagram often showcase a style from one angle (one side or the back) leaving you wondering what it looks like from other angles. A style could look great from the back but what is it like at the front? Look for inspiration to incorporate into your wedding day look – know what you want, as well as what you don't want!

Time of year – Consider the type of makeup look according to the time of year and the weather. A bold red lip can look fantastic for a winter wedding whereas for a summer wedding, you might choose a glowing, sweat-proof look.

Skin preparation – The key to a flawless makeup is a flawless base. Everyone has imperfections but preparing your skin in advance of your wedding will help the way the makeup sits on your skin. Having a good skincare routine is essential for healthy, clean, clear skin. In my experience ensuring you cleanse, tone and moisturise morning and night along with drinking at least 2 litres of water per day (more if you exercise) is the best way to good skin.

Time to book – Around 6 months before your wedding day, let's catch up and get a date in the diary. If you have a specific date in mind (maybe your hen do, or other special occasion), and would like to make the most of having your hair and makeup done, get in touch as soon as possible to check availability.

BOOKING YOUR TRIAL

Salon or Mobile? - Trials can be carried out either at my home salon based in Sunnyside or your location depending upon needs and circumstances. Whilst I say this, most brides tend to come to my salon and make a day out of it often combining a trial with a dress fitting so they can see how everything will come together!

PREPARE - HAIR TRIAL

Hair – Please ensure your hair is clean, dry and free from any products. Wash and dry your hair the evening before or if necessary, first thing on the morning of your trial appointment. Do not arrive with unwashed or wet hair.

Style ideas – With so many beautiful wedding hairstyles to choose from, I understand it can be hard to decide. I advise you pick two of your favourite styles then when you attend your trial, I will do a consultation with you where we review your ideas then assess your hair before establishing which style is best suited to your hair type, length and thickness. I will also be able to advise if you would benefit from getting some hair extensions for length, volume and thickness.

Accessories – Where possible, please bring all accessories you plan to wear on the wedding day to your trial so we can try them out and see how everything will come together. There is so much choice in terms of hair accessories so it's no problem if you come with a selection for me to try out.

Hair Extensions - If you are planning to wear hair extensions and have them ready before your trial, please bring them with you. If you haven't yet bought any hair extensions but wanted to get some advice first, that's absolutely fine as I can often tell quite quickly having looked at your hair type and the style you are aiming for to establish whether or not you need them first. If you do plan to purchase hair extensions in advance of your trial, please check and make sure they are 100% human hair bought from a reputable supplier and ensure you are provided with a thorough consultation where a colour matching service has been done to ensure you get the best shade and blend as well as the correct number of extensions required. With 100% human hair this means you can wash and style them as you would do with your own hair.

TOP TIPS

What to wear – Where possible, choose a top similar in colour and neckline to mimic your wedding dress. Avoid dark colours and high necklines.

Length of trial – Please allow up to 1.5 hours for hair/makeup only trials and 2.5 hours for both. Some trials can take less time than allocated so use this as a guide and allow yourself plenty of time particularly if you have appointments elsewhere either before or after your trial.

One guest only – You are welcome to bring one family member or friend. Please make sure this is someone who's opinions and ideas you admire.

Bag it up - Pop a few essential makeup products in a bag to top up with throughout the day. Lipstick is essential and a little powder, concealer and blusher will not go a miss!

Heading out after or perhaps you don't want anyone to see? – If you are heading out after your trial and don't want anyone to see your final wedding day look, I am happy to change things slightly so you still feel ready to go out but have something special to share on the day. It is also fine if you decide you want to remove your makeup - I have plenty of remover!

Before and After Images – With your permission I will take a few before and after photographs which I am happy to send to you after the trial. It is important I have images of your look so I can make reference to them on the wedding day and check if there are any changes you want to make. Where possible, please advise me about any change in advance of the wedding day so I can be best prepared!

